



## Mussels with cream, dill and lemon

Quantity		Ingredients	Unit	Unit	Cost for
			Price		Recipe
1000	g	Irish Mussels - Large	€2.95	kg	€2.95
100	ml	Cream	€1.78	litre	€0.18
1		Lemon	€0.25	each	€0.25
50	g	Onion	€0.75	kg	€0.04
10	g	Dill	€0.04	g	€0.44

Cost of Recipe		€3.86
Wastage @	4%	€0.15
Total food cost	€4.01	
Portion Yield	4	
Cost per portion	€1.00	

## Method

Heat the mussels with a little water to open, add the onion and cream reduce quickly. Add the chopped dill at the end and serve with wedges of lemon.