

WILD ATLANTIC WAY

Stretching for 2,600km along Ireland's Atlantic coastline, the world's longest defined coastal touring route meanders through vast land and seascapes of magnificent natural beauty. From the breath-taking Sliabh Liag sea cliffs in Co. Donegal to the foodie mecca of Kinsale in Co. Cork, this elemental region enveloped in our famed Irish welcome will reward you with all-embracing, life-long memories.

Immerse yourself in a unique destination, culture, people and landscape that will leave you renewed, uplifted and refreshed.



WILD ATLANTIC WAY SAMPLE 7-DAY ITINERARY

SOUTH

TO HELP YOU PROGRAMME THIS AREA, HERE IS A SUGGESTED PROGRAMME FOR YOU TO CONSIDER WHICH WILL HELP YOUR CLIENTS, BE THEY GROUP OR FIT, TO NAVIGATE THIS AREA. FOR OTHER SAMPLE ITINERARIES FOR THIS REGION PLEASE EMAIL BUSINESSDEVELOPMENT@FAILTEIRELAND.IE



Kinsale Harbour, Co. Cork



Lough Hyne, Co. Cork

DAY 1

Start your journey on the Wild Atlantic Way with a visit to the heritage town of Kinsale, originally a medieval fishing port. Kinsale (from the Irish, Cionn Sáile – 'Head of the Sea') is a picturesque, historic town famous for great locally-sourced cuisine!

Hit the water onboard [Kinsale Harbour Cruises](#). Enjoy a perfect combination of culture, information, relaxation and stunning scenery with a brief history including anecdotal legends and an insight into how Kinsale has developed over the centuries.

Allow 2 hours for this experience.

Lunch in Kinsale.

Continue on your journey and escape the hustle of town life, and enjoy an afternoon on a [West Cork Farm Tour](#). On West Cork farms, there is a strong connection to and love for the land held in trust for the next generation. Farming is still very much a family affair. These farmers work with the seasons and no two days are alike on the Wild Atlantic Way. The West Cork Farm Tours features four local farms where the owners are only too delighted to welcome you, show you what their farm is about and explain the intricacies of farming, whether it's dairy or pork; yet each farm is more than a commodity, it's a way of life.

Allow 2 hours for this experience.

For the more adventurous, try out a magical night-time paddle which triggers all your senses. Watch the silhouette of the seabirds on the bank, the red sunset, the whole panoply of stars overhead, the moonlight reflected on the water, or, at certain times of year, the astonishing bioluminescence. This is a light emitted by marine life, which, from the paddler's point of view, causes the water to light up around your paddle in 1,000 tiny lights. Kayaking trips with [Atlantic Sea Kayaking](#) are available every day and available for those who wish to explore the many magical locations in West Cork.

Allow 2 hours 30 mins for this experience.

Dinner and Overnight in Rosscarbery or Skibbereen.

DAY 2

Travel on the Wild Atlantic Way out to [Mizen Head Signal Station](#), Ireland's most south-westerly point. At the end of the Mizen Peninsula, the cliffs of Mizen Head rise high above the Atlantic Ocean, where the currents meet from the west and south coasts and waves from the mid-Atlantic crash into the land. Dare to cross the iconic bridge high above the gorge; watch for seals and their pups in the swell below. Experience the solitude of the keepers' lives and the elemental power of the restless Atlantic where the ocean currents swirl.

Signage, audio-visual, and interactive displays enhance your experience, providing information on the lives, triumphs and tragedy of the people who lived and worked in this remote part of Ireland's south west coast.

Allow 2 hours for this experience.

Lunch at Mizen Centre or Bantry.

[Garnish Island](#) was well chosen by the Bryce family to establish the wonderful gardens that are enjoyed by all who visit. The designs of Peto and Mackenzie, on developing these exotic grounds, have delighted generations of visitors to the island. [Bryce House on Garnish Island](#) has undergone an extensive refurbishment. The cottage, which was originally built to the north east of the walled garden in 1912, has been restored to its original Edwardian picturesque style. Further works have been undertaken to facilitate visitors by making the cottage universally accessible. Now that the restoration is complete, visitors can enjoy the cottage along with the wonderful gardens and picturesque views overlooking Glengarriff Bay.

Allow 2 hours for this experience including boat journey.

Take a step back in time with a visit to [Molly Gullivan's Cottage & Traditional Farm](#). Our "Taste Of Old Ireland" experience includes a guided tour with hands-on demonstrations. This includes Irish soda bread making, traditional butter making, turf (peat) cutting, sheep shearing and, poitin (whiskey) making and tasting. A mouth-watering taste of Frances's home baked scones or, traditional dinners or lunches can top off an unforgettable experience.

Overnight in the colourful town of Kenmare, with a diversity of accommodation, also noted for the quality and range of food offerings. Take in a food tour, a food trail or follow your nose and let your senses guide you.

DAY 3

Start your day with a visit to [Star Outdoors Adventure Centre](#) in Kenmare with a scenic boat tour on the "Star of Kenmare", enjoying stunning views of the coastline. Afterwards, try your hand at kayaking or pedal boating on the calm waters. For those who prefer land activities, there's archery and a fun mini-golf course. Finally, visitors can relax and unwind in our on-site mobile sauna or, with a coffee or snack from our Food Truck, while taking in the beautiful surroundings of Kenmare Bay and the surrounding mountains.

Allow 2 hours for this experience.

Lunch in one of the many excellent restaurants, hotels or pubs in Kenmare or Sneem.

Continue on to [Forage, Find, Feast](#) with [Atlantic Irish Seaweed](#), Caherdaniel. At this Seaweed Discovery Centre in County Kerry, enjoy some seaweed nibbles, including the flavoursome duilleasc, which sustained the monks on the Skellig Islands 12km away on the horizon and their only international visitors in 600 years – The Norse Vikings!

Graze on fresh seaweeds as we stroll along the Wild Atlantic Way – including sleabhacán which was a favourite of our most famous son "The Liberator" Daniel O'Connell, this seaweed is most commonly used as nori, the famous sushi roll wrapping.

Allow 1 hour 30 mins for this experience.

At the southern tip of the Iveragh Peninsula is [Derrynane House](#), the ancestral home of one of the greatest figures of Irish history. Daniel O'Connell, known as 'The Liberator', was a lawyer, politician and statesman. Derrynane was the home of the O'Connell family for generations. The young Daniel was raised there and returned almost every summer for the rest of his life. The house now displays many unique relics of O'Connell's life, including a triumphal chariot presented to him by the citizens of Dublin in 1844 and the very bed in which he passed away three years later. The house's demesne landscape is now included in Derrynane National Historic Park and comprises over 120 hectares of lands rich in natural and cultural heritage with a plethora of archaeological, horticultural, botanical and ecological treasures. This is a must-visit for anyone in search of insight into the life of an Irish historical giant.

Allow a full day or half day for this experience, depending on the tour you choose.

Dinner and overnight in either Cahersiveen, Waterville, Portmagee or Valentia Island.

After dinner...

See the stars as you never have before with [Kerry Dark Sky Tourism, Ballinskelligs](#). Looking out over the darkening horizon, with stunning Skellig Michael beyond, the beauty of the night sky will take your breath away. You'll start by watching the sun set, waiting for the stars to start twinkling in this unique spot on the Wild Atlantic Way. Because of the lack of light pollution in the Kerry International Dark Sky Reserve, this tour could be the closest you'll get to real space exploration! The reserve is protected by the Kerry mountains and hills on one side and the Atlantic Ocean on the other, offering the perfect conditions for a spot of serious stargazing. As you sit in comfort, your guide will use laser pointers to highlight constellations and pick out planets and star systems, which you can view through their high-powered telescopes.

Allow 1 hour for this experience.



Skellig Michael, Co. Kerry



Blasket Islands, Co. Kerry

DAY 4

Visit **Portmagee Whiskey** and its flagship Spirit of the Sea Experience where you can explore the history and landscape of Portmagee, on the very south west edge of the Wild Atlantic Way in Co. Kerry.

On the Portmagee Domes Whiskey Tasting Tour, guides outline the history of Portmagee, from its smuggling origins and fishing heritage, to its modern day engagement with Seine Boats as a traditional sport. Embark on an adventure through time and the wild weather conditions of the Skellig Coast, while sitting on a repurposed Seine Boat in a 360° immersive experience. The tour finishes with an enjoyable tasting of Portmagee Whiskey.

Allow 1 hour 30 mins for experience.

Travel to Dingle.

Break for lunch at Sammy's Café. Enjoy a visit to **Dingle Ocean World** Aquarium, Ireland's largest aquarium which hosts a collection of magnificent sand tiger sharks, Gentoo penguins and Asian short-clawed otters, including an abundance of different fish species. Experience this enchanting underwater world and learn the wonders of the ocean. Take in a tour of **Dick Macks Brewhouse**, where you can see the brewing and enjoy a tasting.

Allow 1 hour for this experience.

Dinner and overnight in Dingle Town, enjoy some of the amazing accommodations, pubs and restaurants.

DAY 5

Fancy a "sup" of the Wild Atlantic Way? Well, what better way to raise your spirits than with a visit to **Dingle Distillery**, the first purpose-built distillery for a new whiskey in Ireland in over 200 years. Based around three hand-crafted copper stills in the town's old sawmills, the distillery uses only the best Irish malted barley to make a whiskey which is simply put in casks – letting the mild, moist Dingle air do the rest! But there's more... an Irish vodka and a gin distilled from a secret mix of ingredients including heather, fuchsia and rowan berry (not to mention pure water drawn from deep beneath the stills). It may not be possible to bottle the Kerry landscape, but these spirits definitely come close. They call it a 'minor revolution' in artisan distilleries, and we wholeheartedly agree.

Allow 1 hour for this experience.

Encounter a diverse array of marine wildlife on this tour of the beautiful Blasket Islands archipelago and Dingle Bay on board **Blasket Islands Eco Marine Tours** from Ventry. Watch for dolphins, whales and sea birds from the safety and comfort of a guided boat tour. Let the experienced skipper and crew take you out under the wide-open sky while the on-board wildlife guide and zoologist teaches you everything there is to know about the local habitat. With complimentary snacks, space for 44 passengers (inside seating for 20), a flying bridge for wildlife viewing and facilities, this soft adventure boat trip on the Wild Atlantic Way will inspire and delight.

Allow 3 hours for this experience.

Lunch in Dingle.

Step back in time with a visit to **Blennerville Windmill**, the largest working windmill in Ireland, which was built in 1800 by Sir Rowland Blennerhassett and operated successfully for about 40 years. Thereafter, it fell into decline and survived as an empty shell until the 1980s when it was restored to full working order under the supervision of Belfast archaeologist, Dr Fred Hamond. The windmill is now the centrepiece of a major visitor attraction on the shores of Tralee Bay which includes an audio visual theatre; exhibitions on milling and Blennerville's role as a 19th century famine emigrant port. The centre also includes a model railway exhibition on the famous Tralee and Dingle Light Railway (1891 to 1953); a craft workshop and craft shop.

Allow 1 hour for this experience.

Get back to nature at **Tralee Bay Wetland Centre**. Take a boat tour and discover the wild flora, fauna and stunning natural habitat of Tralee Bay, a natural Irish wetlands adjacent to the Wild Atlantic Way. The boat trip guides you through the pictorial wetlands and includes a visit to a viewing tower that boasts panoramic views over Tralee Bay and out to the Atlantic Ocean.

Allow 1 hour for this experience.

Dinner and overnight in Tralee.



Cliffs of Moher, Co. Clare



Ballybunion Beach, Co. Kerry

DAY 6

Enjoy a visit to Ballybunion in north Kerry, all your senses will be gladdened on a guided experience along **Ballybunion Cliff Walk** on the Wild Atlantic Way. While meandering along the high rugged cliff path, your eyes will be delighted by the mesmerising landscape and your ears by both the sounds of nature and that of the piper accompanying you on your walk, All-Ireland champion piper, Danny Houlihan. The spectacular hidden history of the area coupled with the many Vikings raids that took place around the year 800AD are relayed to you by Danny, a local historian as well as accomplished musician. He even brings along artefacts relating to the area to bring its history to life. And you can have a go on the uilleann pipes yourself!

Allow 1 hour for this experience.

Lunch in Ballybunion.

Journey from Kerry to Clare from Tarbert with **Shannon Ferries**.

From early morning as the mist descends on the Shannon Estuary to the setting of the sun on the Wild Atlantic Sea late in the evening, Shannon Ferries will take you and your vehicle on this memorable 20 minute journey across the Estuary linking the iconic tourist destinations of the "Banner County" of Clare to the "Kingdom of Kerry". This is a lovely experience where you can relax and take a short sea-air-filled break, sailing across the majestic Shannon Estuary. If you're lucky, you might even catch a glimpse of the dolphins, which in the summer, can sometimes swim very near to the ferry, as if just to entertain you.

This tour departs every hour on the half hour in winter and every half hour in summer. Online booking facility available.

En route to your overnight destination in Doolin, you will pass through the market town of Kilrush where you can enjoy a trip to Scattery Island with **Scattery Island Tours**, where you will be amazed at the wealth of historic sites, including five churches, a cathedral, a magnificent round tower, a Napoleonic War Artillery Battery and a working lighthouse.

Dinner and overnight in Doolin.

DAY 7

Witness breath-taking views of Ireland's most famous vista from the sea. Set sail from Doolin pier with **Doolin Ferry Company** and follow the **Cliffs of Moher** as they climb to their magnificent heights of over 214 meters (700ft). The Cliffs of Moher have Ireland's largest mainland nesting bird colony on its lands. Branaunmore Sea Stack plays host to thousands of sea birds that make it their summer home. Our cruise gets you up close to view birds such as puffins, guillemots, and razorbills just to name a few!

Allow 1 hour for this experience.

Learn how the border collie has been bred for working with sheep and has specific skills which have been developed through a breeding process of over 100 years at **Caherconnell Stone Fort & Sheepdog Demonstrations**. Your host, John Davoran, owner and a working farmer, will highlight the manner in which the border collie herds the sheep not through contact of any kind, but a rather more psychological approach. You will experience the connection between farmer and dog and learn how this is an integral part of sheep farming.

Allow 1 hour for this experience.

Lunch in Ballyvaughan (but save coffee and dessert break for Hazel Mountain – your only disappointment is if you don't get there!).

Enjoy a taste of the sweet life way out west with **Hazel Mountain Chocolate**. This one of a kind boutique chocolate factory in the heart of the Burren Mountains welcomes you to take a trip behind the scenes to see fine Irish chocolate being made from cacao bean into truly Irish chocolate. Specialty Burren treats such as juniper berry-filled pralines, dark chocolate with violet petals, and special, seasonal treats are just waiting to be sampled. Take the Chocolate Tour & Tasting at Hazel Mountain Chocolate, where you'll be enticed by the heavenly scents as you watch the chocolatiers hard at work.

Hazel Mountain tearooms will not disappoint. The café focuses on healthy, fresh, unprocessed gluten and dairy-free cakes and pastries. The pastry chefs here have trained worldwide and create a fusion of Irish, American, Polish and Scandinavian sweet inspirations. Hot chocolate is made from... yes, you guessed it, their own chocolate!

Journey on to Galway.

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NORTH

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Downpatrick Head, Co. Mayo



Westport, Co. Mayo

DAY 2

Make your way to one of Ireland's three glacial fjords at **Killary Harbour**, a Wild Atlantic Way Signature Discovery Point. The Fjord extends around 16km inland with mountains rising steeply on either side, providing some of the most majestic scenery in Ireland. Stop off at the tiny village of **Leenaun** and visit the **Sheep & Wool Centre** with daily wool craft demonstrations where you can learn about the history of sheep farming and wool craft in the west of Ireland.

Allow 1 hour 30 mins for this experience.

Continue north on the R335 through stunning **Doolough Valley**, a Discovery Point on the Wild Atlantic Way, and Louisburgh and on along the southern shores of Clew Bay as far as Murrisk for a light lunch in **Campbell's pub**, which is located at the base of the pilgrim path leading up to Ireland's holy mountain, Croagh Patrick.

Allow 2 hours for this experience.

After lunch and a few photos, it's time to continue on to bustling **Westport**. With its Georgian town centre, bars, cafés, shops and restaurants, it's a popular destination for Irish and overseas visitors alike. While in Westport, a visit to **Westport House** is a must. Set in beautiful wood, lake and parkland grounds, the house was built in the 18th century on the site of a Grace O'Malley (Granuaile) stronghold whose dungeons are still present today. Today visitors can enjoy almost 300 years of Irish heritage in this beautiful manor home and explore the 400 acre grounds.

Allow 1 hour 30 mins for this experience.

Your last stop of the day is Mulranny, 30 mins from Westport along the northern shore of Clew Bay. The Mulranny Park Hotel, situated alongside the **Great Western Greenway** (Ireland's first long-distance off-road walking and cycling trail), offers amazing views over Clew Bay and a gorgeous dinner menu showcasing produce of over 20 local food producers. While in Mulranny, be sure to visit the excellent community run **Old Irish Goat Centre and Sanctuary** to learn about Mulranny's own native breed of wild goat and even meet some of the family.

Dinner and overnight in Mulranny.

DAY 3

Today will explore an off-shore island and some of the country's most remote and wild places. First, it's off to Achill Island with your first stop at the **Irish American Whiskey Distillery** - a new guided distillery tour of Ireland's first and only island distillery, which is fast becoming one of the most popular attractions on Achill Island.

Allow 1 hour for this experience.

Then it's on to **Slievemore Deserted Village** on the southern slopes of Slievemore Mountain. Consisting of the remains of over 80 stone houses, this village is the largest and most recently abandoned of Achill's several "booley" settlements, and is a haunting reminder of times past. The tour is one of the island's must-do experiences. A number of local guides work together to offer a daily guided tour of the Deserted Village during July and August.

Allow 2 hours for this experience.

Next it's time to travel on to **Keem Bay** which is a Signature Discovery Point on the Wild Atlantic Way. The final few kilometres are along a twisting clifftop route which offers breath-taking views over outer Clew Bay and the Atlantic Ocean. At the heart of Keem Bay is a beautiful fine sandy beach. This Bay is bordered on two sides by cliffs; to the east by the slopes of Croaghnaun Mountain, and to the west by Moyteoge Head where a former coastguard watch-house still stands. Have your cameras ready as this is one of the most photographed beaches in Ireland and in late spring each year you might even capture basking sharks feeding in the Bay.

Lunch is a treat at the Beehive in Keel, a short distance away. Be sure to try the pecan pie!

After lunch it's on to **Wild Nephin National Park and Ballycroy Visitor Centre**. This is the third largest national park in the country at 15,000 hectares, Ireland's only designated wilderness and an official Dark Sky Park. Visitors can traverse Owenduff blanket bog, one of the last intact active blanket bog systems in Ireland and Western Europe, and admire the landscape of the imposing Nephin Beg mountain range. For the slightly less adventurous, there are two short boardwalks to explore as well as a beautiful visitor centre and café.

Allow 1 hour 30 mins for this experience.

Next it's on to one of Ireland's most important heritage sites, **Céide Fields**, which also happens to be located close to **Downpatrick Head**, another Wild Atlantic Way **Signature Discovery Point**. The Céide Fields are the oldest known field systems in the world, dating back over five and a half millennia. The visitor centre, which has just undergone an exciting refurbishment, is located overlooking the wild north Mayo coast and a visit here is a must for anyone visiting the area.

Allow 1 hour 30 mins for this experience.

Dinner and overnight in Ballina.



Great Western Greenway, Co. Mayo

Achill Island, Co. Mayo

DAY 1

Kick off your Wild Atlantic Way adventure in the "City of the Tribes" with a visit to the **Galway City Museum**. Explore three floors of exciting exhibitions engaging visitors in the archaeology, history and sea science of Galway. The attraction is one of the city's most popular cultural hotspots and welcomes over 200,000 visitors per year. The Museum has been a recipient of TripAdvisor's Certificate of Excellence for five years running and the 2016 Expert's Choice Award, ranking it among the highest-rated attractions in Galway.

Allow 1 hour 30 mins for this experience.

The **Galway Food Tour** with Sheena Dignam leads the group around Galway's finest food destinations. Guests usually replace lunch with the tour as, along the way, you will sample fresh sushi, the finest cheese, Galway oysters, mouth-watering breads and savoury bites, as well as delicious sweet treats, while soaking up the famed atmosphere of Galway City – the "City of the Tribes".

Allow 1 hour 30 mins for this experience.

Depart Galway City for a tour of **Ionad Cultúrtha an Phiarsaigh, Conemara - Pearse's Cottage** where you can visit the small restored cottage used by Patrick Pearse (1879-1916), leader of the 1916 Rising, as a summer residence. The interior, although burned during the War of Independence, has been reconstructed and contains an exhibition and a number of mementos of Pearse. In a state-of-the-art visitor centre, you can explore the things that drew Patrick Pearse to Connemara – the unique landscape and the ancient Gaelic culture and language that are still alive today.

Allow 1 hour 30 mins hours for this experience.

This evening make time to explore **Clifden**, known as the "Capital of Connemara". Clifden boasts a thriving tourism industry as its unique and picturesque setting between the foothills of the Twelve Bens and the Atlantic Ocean attracts thousands of visitors annually. With a variety of shops, restaurants and lively pubs, you will be spoiled for choice with evening entertainment.

Dinner and overnight in Clifden.



Surfing



WB Yeats, Co. Sligo



Glenveagh Castle, Co. Donegal



Donegal Castle, Co. Donegal



Glenveagh National Park

DAY 4

Resting on the shores of **Killala Bay, Enniscrone**, and its 5km long golden sandy beach, is the perfect getaway. Start your day with a rejuvenating beach walk and explore a town packed with hidden gems, history and archaeology, including "The Black Pig", a curious local sculpture.

At **Kilcullen's Seaweed Baths**, relax in an enormous bath filled with luxurious oils, floating in warm amber-tinted seawater and feeling simply weightless. This is the experience of a true seaweed bath, considered by many to be the ultimate bathing experience. Here, the unpolluted waters of the Atlantic are pumped in from the shore, which is just a stone's throw away. Then the seawater combines with natural silky oils extracted from seaweed using a simple process. Together, they create an unforgettable experience that is sure to leave you feeling rejuvenated.

Allow 2 hours for this experience.

Make your way from Enniscrone along the R297 to the village of Easkey. This small village packs a big reputation on the international surf stage and is a must do for surfers visiting the Wild Atlantic Way. Enjoy takeaway lunch at the wonderful Pudding Row the Grocer, followed by a short riverbank walk to **O'Dowd Castle**. Built in 1207, the castle was home to the O'Dowd chieftains of the barony of Tíreragh. Leaving Easkey on the R297, heading towards Sligo, is the unusual Ice Age boulder known locally as the 'Split Rock'. Local legend holds that the rock was split as a result of an argument between two giants on the Ox Mountains, one of whom was Fionn MacCumhaill. It is said that if someone dares to go through the split three times, the rock will close in on them!

Allow 2 hours 30 mins for lunch and to explore.

It's now time to make your way to the trendy seaside village of Strandhill and truly immerse yourself in the Wild Atlantic Way of life with **Sligo Surf Experience**. Step off the edge and experience the thrill of surfing at Strandhill Beach in County Sligo – Ireland's number one surfing beach. The bustling surf town of Strandhill is the epicentre of Sligo's world famous surf culture that stretches from Enniscrone to Mullaghmore.

Learn the basics of surfing on the shore before heading out into the waves to experience the thrill of catching your first ride. If you want to spend more time on a board before getting up on it, you can try your hand at bodyboarding, a popular, dynamic, accessible and fun activity that will have you confident to ride a wave in no time.

Allow 2 hours for this experience.

Dinner and overnight in Strandhill.

DAY 5

Explore Sligo and immerse yourself in its rich literary, artistic and cultural legacy. First visit **The Model**, one of Ireland's leading contemporary arts centres and home to **The Niland Collection**, one of Ireland's most significant public art collections. The collection features work by many of Ireland's most acclaimed twentieth century artists with particular focus on the north west of Ireland, featuring many artists who have links to the area through birth, family or subject matter.

Allow 1 hour 30 mins for this experience.

Sample the gastronomic delights with **Sligo Oyster Experience**, which brings Sligo's links with the sea to life through a short, guided walking tour, oyster shucking demonstration and tastings of oysters fresh from the Atlantic.

Allow 1 hour 30 mins for this experience.

Travel in the footsteps of one of Ireland's best-loved poets **W.B. Yeats**. Start off by visiting the "**Yeats in the West**" exhibition housed in **The Yeats Building** located on Hyde Bridge, in Sligo Town centre. The exhibition outlines for visitors the Yeats family genealogy, the people and places which were a major influence on the life and career of W. B. Yeats, the man as well as the poet.

Allow 1 hour 30 mins for this experience.

No visit to Sligo is complete without a visit to **Lissadell House & Gardens**, childhood home of Irish revolutionary **Countess Markievicz**. Lissadell House is the crucible of Ireland's historic, literary and garden heritage.

Allow 2 hours for this experience.

Travelling north, your next stop is at the stunning **Gleniff Horseshoe**. This is a 10km looped walk along quiet roads with spectacular views of the dramatic and wild Dartry Mountains. Foraging Adventure at the Horseshoe is a unique experience for all the family. Walk with herbalist and chef Gaby Wieland from **Neantóg Kitchen Garden School** and find and identify many wild foods that grow along Irish hedgerows, from dandelion to nettles and meadowsweet to hawthorn, from leaves and flowers to berries and roots. Learn how nutritious these foraged foods are and how to use them. There will be tastings and recipes at the end of the walk.

Allow 1 hour 30 mins for this experience.

Dinner and overnight in Donegal town.

DAY 6

Start your journey in Donegal Town. In the town centre you will find the famous **Magee of Donegal** shop. Magee specialises in designing and weaving luxury natural fibre fabrics in their own mill. They still hand-weave using lambswool, alpaca and cashmere. Their designers work closely with some of the world's leading fashion brands to create colourful, intricately designed fabrics, with every collection designed to reflect the distinctive Donegal heritage with a contemporary twist.

Allow 30 mins - 1 hour for this experience.

Next, stick with the quality crafts theme for a guided tour of **Hanna Hats**. Founded almost 100 years ago, it's now run by a third generation of the Hanna family. Each innovative tweed and linen product is handmade using the finest quality materials. You can visit the factory shop, to browse and purchase beautiful, handcrafted hats made from Irish tweed and linen. Guided tours give you a glimpse at the craftsmanship that goes into every Hanna Hats product.

Tours normally take 30 mins - 1 hour.

Time now to stretch your legs for a **Donegal Town Walking Tour** with Niamh Coughlan, a Fáilte Ireland approved guide. Niamh brings you on a guided stroll, explaining the history and heritage of the landmarks of this fascinating and historical town. **Highlights include the Castle**, Donegal Abbey, and stories of trade and emigration from the old pier. The tour also includes Donegal Town's iconic Diamond, its markets, and the Four Masters monument.

Allow around 1 hour 30 mins for this experience.

DAY 7

The iconic sea **cliffs of Sliabh Liag** are amongst the highest in Europe and a Signature Discovery Point on the Wild Atlantic Way. They offer one of Ireland's most breath-taking and awe-inspiring vistas. Learn more about them at **Sliabh Liag Visitor Centre** where you can experience the beauty and stories of Sliabh Liag. Fact and lore combine in interpretation panels which include interactive activities for younger visitors. Titled "On the Edge", the interpretation panels feature artistic illustrations which animate stories surrounding the mountain. They also provide key information on Sliabh Liag walking routes, and safety advice for navigating them.

Allow 1 hour for this experience or longer for walking routes.

Now prepare to be stunned once more with a fresh view of these incredible sea cliffs... from the water. **Atlantic Coastal Cruises** run sightseeing boat trips to Sliabh Liag cliffs from Killybegs Harbour, just 4 mins drive south. Look out for basking sharks, dolphins or whales - if you can take your eyes off the soaring sea cliffs!

Allow 1 hour 45 mins for this experience.

Head east from Donegal Town to **Oakfield Park**, a wonderful place to escape with family and friends or groups. The beautiful 100-acre gardens include a host of attractions such as walled gardens, sculptures, a hedge maze, lakes, woodlands and a narrow-gauge railway operating daily. The estate can be explored on the Head Gardener Tour, after which visitors can refuel in Buffers Garden Restaurant.

Allow 2 hours for this experience.

Continue towards your final destination, **Glenveagh National Park**, a remote and hauntingly beautiful wilderness of rugged mountains, pristine lakes, tumbling waterfalls and enchanted native oak woodland in the heart of the Derryveagh Mountains. At the centre of the park on the edge of Lough Veagh, is **Glenveagh Castle**, a late 19th century castellated mansion, built as a hunting lodge. At the same time, Scots pine woodlands were planted and red deer re-introduced. Surrounding the castle are the renowned gardens, boasting a multitude of exotic plants. Take a guided tour of Glenveagh Castle and a stroll along the Garden Trail, a 1km looped walk within the National Park.

Allow 2 hours for this experience.